Monday Cast live · Nov 16–18, 2026

Weather
National Weather Service forecast for Energy Lake area

Energy Lake

Kentucky
Mon Nov 16 – Wed Nov 18, 2026 · Central Time · Largemouth

BITE ODDS · THIS CAST

8/10 — Strong odds

0 2 4 6 8 10

PRESSURE	STORMS	WIND	SKY / RAIN	BASS STAGE	CROWD
+ Mostly stable	+ No lightning	+ 2–3 mph usable ripple	+ Clear / sunny (~0%)	~ Fall transition · turnover	+ Weekday · lighter traffic

WEEK Early-week setup on this water — highs **55–64°F**, lows **32–36°F**, rain chance up to **~0%**. Story is light and bait position — dawn and last light carry the window.

THREE-DAY WEATHER

MONDAY NOV 16

55° F high

LOW	32°F
SKY	Sunny
WIND	E 2 mph
RAIN	~0%
SUN	—

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

TUESDAY NOV 17

60° F high

LOW	33°F
SKY	Sunny
WIND	E 3 mph
RAIN	~0%
SUN	—

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

WEDNESDAY NOV 18

64° F high

LOW	36°F
SKY	Sunny
WIND	S 3 mph
RAIN	~0%
SUN	—

Frame: Cold start — let the sun warm the shallows; the better bite often comes later in the day.

Window: Mon–Wed · Air: E → S · Bite window: dawn + last light

HOW TO FISH THIS WEATHER

MORNING
- Shallow cover, points, creek mouths
- **First light (first light CST) → ~9 AM**
- Use any ripple as cover

MIDDAY
- Shade lines, docks, deeper edges
- Electronics for bait height first
- Slow down once the sun is overhead

EVENING
- Revisit shallow shade as sun drops
- Topwater if the surface lays down
- Weekday traffic is lighter — work quiet pockets

FALL TRANSITION **Largemouth plan: Follow shad into the backs of creeks and flats 1-10 ft; spinnerbait, squarebill and topwater at a fast pace.**

BIOLOGY

BASS STAGE

Largemouth are in the fall transition — following bait into creeks and onto flats as water cools. Possible turnover window on stratified reservoirs — the bite can go off for a few days.

Basis: estimated water ~58°F — statewide median of 27 lake estimates from the observed air record (NOAA ACIS) — no

NATURAL FORAGE

Threadfin and gizzard shad lead the menu, with bream and crawfish around wood. Match shad early and crawfish colors on bottom baits.

ALSO BITING

Crappie are sliding toward brush and deeper wood.

PRESSURE

Weekday traffic — lighter than the weekend. Fish early, give ramps and swim areas room.

coordinates on file for this lake; no water-temperature gauge on the lake; air record trending falling

DAM & WATER — CONFIRM BEFORE YOU LAUNCH

FIXED Dam-controlled water. No shared generation/level feed this cycle — check the agency page the morning you fish; releases and pool levels change daily. Stay outside buoyed restricted zones.

ITEM	NOTE	SOURCE
Confirm	Kentucky Fish and Wildlife	fw.ky.gov
Clarity	On bright, calm afternoons, longer casts and lighter line help in clear water along the dam and main points.	

ACCESS — BANK / KAYAK / BOAT

BANK

Public shoreline on Energy Lake is mainly at the launch and any posted bank or pier next to it. Arrive early, park clear of the trailer lane, and cast a buzzbait or a squarebill along the nearest wood and riprap at first light.

KAYAK

Launch at the public ramp on Energy Lake and work the closest pockets, points, and wood with a frog, a buzzbait, or a wacky worm on the first pass. Stay inside protected water if a breeze comes up, keep the ramp in sight until you know the lake, and move only as far as you can paddle back easily.

BOAT

Launch at the public trailer ramp on Energy Lake and clear the dock for the next boat. Once the sun is up, slide to deeper edges, brush, and shade with a Texas-rigged worm, a jig, or a Carolina rig. Idle onto unmarked flats until the graph shows depth, and slow down once you catch one — fall wood often holds a small group.

LURE BOX

TOP

Buzzbait or walking bait along wood at first light. Hollow-body frog over mats where present. Popper in the backs of pockets when shad flick.

MID

Squarebill (shad) off stumps and laydowns. Spinnerbait on windblown banks. Lipless crankbait over flats when a breeze blows.

BOTTOM

Texas-rigged worm in shade. Jig or creature bait flipped to wood. Shaky-head or Carolina rig on deeper points midday.