



FRESHWATER CAST · MONDAY CAST · LOUISIANA

False River: Sunny Midweek Oxbow Heat, Largemouth on Docks & Cypress

False River · Fri Oct 2 – Sun Oct 4, 2026 · bank / kayak / boat · times in **CT** · primary: Largemouth bass

Fri ~92° → Sun ~81° (NWS LCH)

Fri–Sun window · CT

Heavy Traffic: none named Fri–Sun · expect weekend recreational pressure

Friday's patchy fog then chance showers and thunderstorms near 92°F give way to Saturday near 86°F (mostly cloudy then chance showers and thunderstorms) and Sunday near 81°F (rain showers likely) — fish the windows between weather, lean down on cover, and plan for weekend recreational pressure.

● WEEKEND OUTLOOK

NWS Lake Charles (LCH) grid LCH 54,137 pulled Fri Oct 2, 2026 · ~6:40 AM CT. Friday high near **92°F** (Patchy Fog then Chance Showers And Thunderstorms); overnight low near **71°F**. Saturday near **86°F** (Mostly Cloudy then Chance Showers And Thunderstorms); Sunday near **81°F** (Rain Showers Likely). Numbers change — confirm before you launch.

FRIDAY OCT 2

92°F · Patchy Fog then Chance Showers And Thunderstorms · wind 0 to 5 mph E

Storm chances — fish protected banks and docks between cells; sit out lightning. Once cells clear, a short evening window can fire along riprap and shallow wood. Watch wind shifts after fronts (CT).

SATURDAY OCT 3

86°F · Mostly Cloudy then Chance Showers And Thunderstorms · wind 5 to 10 mph NE

Early leftover showers possible — fish the clean-up after 8 AM CT on secondary points and docks. High near 86°F; keep a rain shell and a slower bottom bait ready.

SUNDAY OCT 4

81°F · Rain Showers Likely · wind 5 to 10 mph NE

Showers in the mix — protected creek arms and docks between cells; skip open water if lightning. High near 81°F; evening bank bite can return as traffic softens (CT).

How to fish this weather

For **largemouth** (primary on False River this week): lead with docks, timber, riprap, and shade cover on sunny high-pressure days. Dawn shallow windows are the money; midweek heat makes midday picky — downsize and work deeper shade until evening. Keep presentations compact — tubes, Ned rigs, jigs, and small swimbaits in craw and shad tones.

Hydrate on the hot banks. Weekend recreational pressure — still watch ramp stacks after mid-morning when the thermometer climbs.

● DAM & LEVEL CHEAT SHEET

THIN at pull Sun Sep 27, 2026 · ~10:50 PM CT. Use live elev/cfs from agency boards only — do not invent a unit schedule. Failover: LDWF / local False River oxbow notes · New Roads ramp boards.

ZONE	LEVEL / FLOW NOTE	BITE NOTE
New Roads / north	THIN at pull — no dated elev on board	New Roads public banks for dawn soft plastics along docks and cypress when posted open.
Mid-oxbow	THIN — verify live before you trailer	Mid-oxbow docks and shade lines midweek.
South end	THIN — False River public boards THIN at pull	South public access where posted for lee sessions if a breeze builds.

● HOW TO FISH IT — BANK / KAYAK / BOAT

BANK

Shared: Hot dawns; hydrate early. Skip private docks and closed zones. **New Roads / False River public banks** and pier edges where posted — fees verify live — for dawn soft plastics on docks and cypress. **Day-use shore** midweek for shade. Stay off private bulkheads. Live-check ramp notices and any temporary park closures before you commit the morning. Give paddle traffic a wide berth near swim areas and courtesy docks.

KAYAK

Plan: Launch posted New Roads public access and work protected dock lines and cypress pockets. PFD on the whole float. Soft recreational rebound midweek — marked exit after 11 AM CT when pleasure traffic builds on the oxbow. Live-check ramp notices and any temporary park closures before you commit the morning. Give paddle traffic a wide berth near swim areas and courtesy docks. Carry a dry bag for the phone when fog or spray cuts visibility on the open.

BOAT

Plan: First light–10 AM CT on docks, cypress, and shade seams for active largemouth; late morning graph deeper swings; evening shade. New Roads ramps — weekday stacks lighter than weekends; watch ski and pleasure lanes and idle clear of swim lines. Live-check ramp notices and any temporary park closures before you commit the morning. Give paddle traffic a wide berth near swim areas and courtesy docks. Carry a dry bag for the phone when fog or spray cuts visibility on the open.

● LURE BOX

TOP

Walking bait (chrome / bone)
on calm dawn banks

Popper / buzz on shade
docks midweek

Spinnerbait (white /
chartreuse) along windward
timber

MID

3–4" swimbait (shad) on
points

Squarebill (craw / chartreuse)
ticking riprap

Jerkbait on clearer main-lake
edges

BOTTOM

Tube (green pumpkin) on rock
and docks

Ned / shaky when high
pressure gets picky

Football jig dragging points
and brush

Stain / clear match: Clarity unconfirmed this window. Lean craw / Junebug in creek arms; chrome / white on clearer main-lake rock.

● LARGEMOUTH LIFE STAGE

Early-fall largemouth on False River key on docks, cypress, and shade seams under sunny high pressure. Dawn shallow windows are strongest; midday gets picky in the low 90s. Craw and shad; stay honest.

What's on the menu: Crayfish, shad, bluegill along docks and cypress. Thin hatch reports.

● ALSO HOT / ALSO IN SEASON

CRAPPIE · BREAM

Crappie: brush and deeper swings early and late.
Bream: cypress shade on a light float.

CATFISH

Channel cats near deeper oxbow swings — cut
bait. Confirm regs with LDWF.

● HEAVY TRAFFIC

No named national trail event pulled for False River Fri Oct 2 – Sun Oct 4 (calendars skimmed). Weekend recreational pressure; warmer midweek afternoons can thicken pleasure traffic after mid-morning. Still watch ramp stacks.

Treat the sunny Monday as a confidence dawn window — arrive early, fish shade and cover before the recreational stack builds, and leave a backup creek arm or timber pocket if main-lake ski traffic wakes up after lunch. Warm overnight lows keep fish shallow at first light; once the sun clears the trees, rotate to brushier shade lines instead of burning bright banks.

Local clocks on this product are labeled in the hero (CT). Ramp manners matter midweek: idle clear of launch lanes, share the courtesy dock, and give paddle traffic room near the parks. Any thunder still means off the water even on a sunny forecast. Carry spare terminal tackle — docks, timber, and riprap eat tubes and Ned heads faster than open-water days.

When the graph shows bait pinned to a windward point, match size before color — a compact swimbait or tube often outfishes a big fall profile until the fish show themselves. On bank days, rotate shade docks and timber seams instead of camping one corner all morning. Kayak anglers

fish a triangle of two protected pockets and one secondary point so a lee option is always close.

Boat anglers should leave a margin before afternoon recreational lanes on the warm midweek days. Rising afternoon temperatures can make midday picky — downsize line, tip with a smaller trailer, and work deeper shade until the evening bank bite returns. Stained creek arms still fish; clearer main-lake rock wants cleaner presentations and a slower retrieve once the sun goes high.

A light rain shell still belongs in the boat if fog thickens before the sun burns it off, or if Wednesday's outlook teases later storms. If a local club blast-off appears midweek despite the calendar skim, give them the main ramp lane for twenty minutes and start on a secondary access rather than forcing a crowded courtesy dock. Keep the primary story on largemouth cover; secondary species are bonuses once you have a few fish in the well.

Pack a spare spool of fluorocarbon in the eight-to-twelve pound range for clearer edges and a slightly heavier braid leader when you punch brushy docks or timber. Re-tie after every big fish or snag — high-pressure sunny days punish a nick you would ignore under cloud cover. Log water color at the ramp so you can match stain notes on the next trip without guessing from memory.

Under bluebird midweek skies, commit to a short bait list before you leave the ramp: one walking or popping topwater for the calm dawn, one compact bottom bait for midday shade, and one reaction bait for any breeze that orients bait on points. Changing every ten casts under high pressure usually costs more fish than it finds on these Louisiana waters.

If morning fog hangs past sunrise, fish the first hour closer to the ramp instead of crossing open water blind. Once the sun burns through, expand to secondary points and windward timber. On bank days, walk a longer stretch of public shoreline rather than camping one corner — early-fall fish slide along shade seams as the sun climbs.

Carry polarized glasses for dock and timber peering under the bright midday sun — spotting bait or fish under floats often beats casting blind at every piling. Keep a soft exit if afternoon recreational traffic stacks near the main ramps, and give paddle traffic room near parks and swim areas.

Verify live park fees, launch hours, and any temporary ramp notices the night before — midweek events or maintenance can close a favorite lane without updating every social post. Numbers on boards and forecasts change overnight even under a stable sunny pattern, so confirm the NWS grid and a nearby METAR before you trailer.

Keep the primary story on largemouth cover this week, and treat secondary species as bonuses once you have a few fish in the well. Midweek manners at the ramp still matter even when the calendar looks quiet.

● LOOKING AHEAD

Sunny midweek holds around the oxbow; bank dawn windows while recreational pressure stays weekday-soft.

● PURE-GAS.ORG E0 · THIS WATER

Pure-Gas.org listings near this corridor for this Cast window (no prices — verify grade at the pump). Listings can change. Port Allen / Baton Rouge are the practical fill corridor for New Roads; none confirmed at every False River ramp at pull.

Bayou Country Sportsman — 1920 American Way, Port Allen, LA · Port Allen · 90 octane E0

Murphy Express 8808 — 510 W Lee Dr, Baton Rouge, LA · Baton Rouge · 87 octane E0

RaceTrac — 10480 Burbank Dr, Baton Rouge, LA · Baton Rouge · 90 octane E0

Murphy #8941 — 9679 Airline Hwy, Baton Rouge, LA · Baton Rouge · 87 octane E0

Sources: NWS api.weather.gov LCH/54,137 forecast · METAR KBTR ~29.91 inHg (calm · A2991) · False River public boards THIN at pull (failover: LDWF / local False River oxbow notes · New Roads ramp boards) · public E0 directories (Pure-Gas.org-aligned; listed; no prices) · trail calendars skimmed (no named event Fri–Sun Oct 2–4). Pulled Fri Oct 2, 2026 · ~6:40 AM CT. Numbers change — confirm conditions and the forecast before you launch.

Freshwater Cast · Friday Cast · LOUISIANA · false-river · Fri Oct 2 – Sun Oct 4, 2026 · drafted Fri Oct 2, 2026 · ~6:40 AM CT