



**FRESHWATER
CAST**
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FRESHWATER CAST · MONDAY CAST NEW HAMPSHIRE

Lake Sunapee: Late-Sep Smallmouth Bass Midweek Plan

Monday Sep 21 – Thursday Sep 24, 2026 · Lake Sunapee · bank, kayak & boat · times in **ET**

No named trail event pulled for Mon–Thu window

Mon ~61°F / precip ~0% · Tue ~59°F / precip ~1% · Wed ~59°F / precip ~2% · Thu ~61°F / precip ~4%

Primary: smallmouth bass

Weekday soft recreational pressure

Late September on Lake Sunapee — lead with smallmouth bass while the Mon–Thu window still moves fish, and keep midweek NWS GYX sky in the plan.

• MIDWEEK OUTLOOK

NWS GYX near Blodgett Landing (pulled Sun Sep 20, 2026 · 9:48 PM ET). Pattern for the Monday **Cast** window (all clock times **ET**): see day cards. Soft weekday recreational pressure. **No named trail event pulled for Mon–Thu window.** Looking ahead 1–3 weeks: no additional sourced trail event confirmed at gather — re-check state/club calendars.

Barometer / clarity: METAR baro not bound this run — STATUS THIN. Clarity qualitative only for late Sep; expect clearer main lake / stained after rain in creeks.

Pattern: West-central multi-species; SMB lead late Sep

MONDAY

High: 61°F

Sky: Areas Of Fog then Partly Sunny

Wind: 5 to 10 mph NW

Precip: 0% storm/precip chance

Times in **ET**

TUESDAY

High: 59°F

Sky: Areas Of Fog then Mostly Sunny

Wind: 5 mph NE

Precip: 1% storm/precip chance

Times in **ET**

WEDNESDAY

High: 59°F

Sky: Mostly Sunny

Wind: 5 to 10 mph NE

Precip: 2% storm/precip chance

Times in **ET**

THURSDAY

High: 61°F

Sky: Mostly Sunny

Wind: 5 mph NE

Precip: 4% storm/precip chance

Times in **ET**

● DAM & CURRENT / LEVELS CHEAT SHEET

E0 prices: not listed — verify at pump Hydrology/levels THIN — re-check agency boards Lake/river levels and any hydro schedule: **THIN at gather** — re-check USGS / state agency / dam boards before launch. Do not invent pool elevations or generation unit counts.

Say **Generator schedule** when hydro applies (e.g. Connecticut River). Re-check before launch.

● HOW TO FISH IT — BANK / KAYAK / BOAT

BANK

Dawn/dusk on points, rock, and shade for **smallmouth bass**

Skip blast-off lanes on weekends; weekdays softer

Public ramps/parks — live-check access hours

KAYAK

Windward protected coves if midweek breeze builds

Work transitions: weed-to-rock, channel swings

PFD on; cold mornings possible late Sep in north NH

BOAT

Idle zones / no-wake near docks and marinas

Electronics on bait schools for primary **smallmouth bass**

Re-check wind before open-water runs

● ETHANOL-FREE FUEL NEAR THIS WATER

Sargents Marina — 81 Main St, Sunapee, NH · ~1.6 mi · 91 octane E0price not listed — verify at pump603-763-0111[Pure-Gas](#)

Evans Express Mart — 546 Nh Rt.11, Sunapee, NH · ~2.0 mi · 90 octane E0price not listed — verify at pump603-763-5740[Pure-Gas](#)

Sargents Marina — 19 Cooper St, Georges Mills, NH · ~3.8 mi · 91 octane E0price not listed — verify at pump603-763-5036[Pure-Gas](#)

Goshen Country Store — 7 Brook Rd, Goshen, NH · ~7.1 mi · 90 octane E0price not listed — verify at pump603-863-6331[Pure-Gas](#)

Listed E0 stations as of Sun Sep 20, 2026 · 9:48 PM ET from Pure-Gas.org (crowdsourced). Pump prices not confirmed at gather — may change; verify at the pump. Call ahead. Distances rough to this water.

• LURE BOX — TOP / MID / BOTTOM

TOP

Walking bait / popper at low light

Buzzbait on cloudy edges

Small topwater matching forage profile

MID

Soft jerk / fluke (natural)

Spinnerbait if stain after rain

Small swimbait / underspin for baitfish

BOTTOM

Ned / drop-shot finesse

Jig / soft craw on rock

Football / shaky for deeper smallmouth bass

Stain/clear: Prefer natural/smoke/green in clear; chartreuse if stained after cells. Match What's on the menu.

• PRIMARY LIFE STAGE + WHAT'S ON THE MENU

Primary species this week: smallmouth bass — West-central multi-species; SMB lead late Sep

What's on the menu (dated hatch thin — most likely late Sep): shad/perch; craw. Match size/profile; do not invent a specific hatch.

• ALSO HOT / ALSO IN SEASON

- **largemouth bass** — short in-season note; live-check regs
- **lake trout** — short in-season note; live-check regs
- **salmonids** — short in-season note; live-check regs

Regs: live-link only — NHFG Fish & Wildlife / NJDEP Fish & Wildlife. Do not hardcode lengths.

• LOOKING AHEAD

Next 1–3 weeks: cooling nights may sharpen early-fall feel. **Heavy Traffic:** no named trail event sourced for Mon–Thu; re-pull calendars for next weekend. Levels/boards change — re-check before launch.

Sources: NWS api.weather.gov (GYX) Sun Sep 20, 2026 · 9:48 PM ET; Pure-Gas.org E0 Sun Sep 20, 2026 · 9:48 PM ET; this water from locked nh-bass/nj-bass cast-pins. Hydrology THIN this gather. Schedules change — re-check before launch.

Freshwater Cast · Monday **Cast** · Drafted Sun Sep 20, 2026 · 8:48 PM CT