



**FRESHWATER
CAST**
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FRESHWATER CAST · MONDAY CAST NORTH DAKOTA

Bowman-Haley: Midweek Pattern, Local Boards & Walleye

Bowman-Haley · Mon Sep 21 – Thu Sep 24, 2026 · bank / kayak / boat · times CT

Mon–Thu Sep 21–24 · CT

Walleye

USACE

Soft recreational

Re-check live boards

The week still fishes if you respect wind, boards, and bait — pack a rain shell when midweek storms show, and let walleye tell you when the fall transition actually clocks in on Bowman-Haley.

● MIDWEEK OUTLOOK

NWS point guidance for Bowman-Haley keeps the Monday Cast window (Mon Sep 21 – Thu Sep 24) in a late-summer pattern that still rewards dawn and dusk first. All clock times below are **CT**. Read the day cards as a working plan, then re-pull the live NWS point forecast before you trailer — numbers below are from the Sunday research pull and can change.

Through the week: - Mon 21: High ~63°F, mostly cloudy; SE 8–16 mph, gusts ~26 - Tue 22: High ~68°F, partly sunny and windy; SE 16–28 mph, gusts ~41 - Wed 23: High ~76°F, 50% showers/T-storms after noon; SE becoming SW 13–17 mph - Thu 24: High ~81°F, mostly sunny; SE 5–10 mph; low ~52°F **Pattern note:** Obs pressure nearby:** Nearby KBWW ~30.17 in (Sun afternoon MDT)

For Walleye: lean first light and last light while heat or wind is the story, then fish wind-blown banks, points, and any confirmed current seams once the day settles. By Wednesday–Thursday, cooler or calmer air (where forecast) should widen the morning window. Clarity unconfirmed lake-wide — trust what you see at the ramp. Soft recreational pressure this Cast window. Never invent boat counts or trail names. Additional NWS detail from research: Mon 21: High ~63°F, mostly cloudy; SE 8–16 mph, gusts ~26 Tue 22: High ~68°F, partly sunny and windy; SE 16–28 mph, gusts ~41 Wed 23: High ~76°F, 50% showers/T-storms after noon; SE becoming SW 13–17 mph Thu 24: High ~81°F, mostly sunny; SE 5–10 mph; low ~52°F

MONDAY SEP 21

- Mon 21: High ~63°F, mostly cloudy; SE 8–16 mph, gusts ~26

Best bite: first light~9 AM CT; re-check boards before midday plan

Abort for lightning; hydrate on warm days

TUESDAY SEP 22

- Tue 22: High ~68°F, partly sunny and windy; SE 16–28 mph, gusts ~41

Best bite: first light~9 AM CT; re-check boards before midday plan

Abort for lightning; hydrate on warm days

WEDNESDAY SEP 23

- Wed 23: High ~76°F, 50% showers/T-storms after noon; SE becoming SW 13–17 mph

Best bite: first light~9 AM CT; re-check boards before midday plan

Abort for lightning; hydrate on warm days

THURSDAY SEP 24

- Thu 24: High ~81°F, mostly sunny; SE 5–10 mph; low ~52°F

Best bite: first light~9 AM CT; re-check boards before midday plan

Abort for lightning; hydrate on warm days

● GENERATOR SCHEDULE CHEAT SHEET

Live operator language for **Bowman-Haley** (USACE / NDGF). Times and elevations below are from the Sunday research scaffold — **verify dam boards before you go (CT)**. Do not invent unit counts, CFS, or midnight targets that were not posted.

WATER	SUNDAY OBS (RESEARCH)	SCHEDULE / OPERATIONS	GUIDANCE
Bowman-Haley USACE / NDGF	Elevation — re-check live board	Mon–Thu generator / release blocks often post late — re- check after evening update / before launch	Predicted values only when operator posted — otherwise honest re-check. Failover: operator lake page / district phone if published. Schedules change without notice.

Operator: USACE Bowman-Haley Dam. Levels: Exact elev not captured this pass — THIN. Pull USACE Bowman-Haley data at assemble. Generator schedule language: Corps project; confirm releases if fishing dam area. Sources: USACE Bowman-Haley — re-fetch at gather.

Soft current→bite only when generation / release is the story. Dam restricted zones always off-limits. If boards show Sunday-only at pull, treat Mon–Thu as not yet posted and pull again evening-before or ramp-side.

● HOW TO FISH IT — BANK / KAYAK / BOAT

BANK

Shared: hydrate early; midweek storms mean a lightning abort — leave the bank. Dam/restricted water always off-limits. USACE / NDGF public recreation banks and ramp shoulders where bank fishing is posted — fees and gate hours verify live. Fish first light and last light CT on points, riprap, weed edges, and creek-mouth seams. Open-country wind is the story — pick lee banks; walleye-led presentations. Soft weekday recreational unless Heavy Traffic names an event. Give other bank anglers room on short shoulders. Pack a rain shell when midweek cells are in the forecast; never invent boat counts.

KAYAK

Bowman-Haley kayak plan: launch at public ramps with kayak-friendly shoulders; work lee shores when main-lake or open-fetch wind rises. PFD on — whistle recommended on big water. Vertical jigging and slow retrieves keep walleye pinned when bait is deep; abort if whitecaps stack. Soft plastics, jigs, and compact swimbaits keep fish in the strike zone without long casts into timber or rocks. Leave a weather margin midweek; do not paddle open water into cells. Soft recreational — still yield in narrow cuts.

BOAT

Plan: first light—~9 AM CT shallow points / riprap / creek mouths; midday graph bait on breaks and channel swings; evening revisit shade or wind seams. Idle clear of blast-off lanes if a club event appears. Re-check USACE / NDGF / NWD boards before launch — no invented release numbers. Soft recreational unless Heavy Traffic says otherwise. Trailer first for lightning. Lead the day for the primary species named above — water-first, not a national paste.

● LURE BOX

Lead the box for **Walleye**. Stained water: louder / chartreuse profiles. Clearer: natural shad / green pumpkin.

TOP

Long-line crank early/late when bait is up

Rip jig on windy points

Hair jig on slick calm mornings

MID

Spinner rig / crawler harness

Paddle soft on a lead head

Blade bait on windy breaks

BOTTOM

Jig + minnow / soft plastic

Live bait on a slip float where legal

Slow bottom bounce along breaks

● BASS LIFE STAGE

Primary species this week: Walleye — water-first.

Bass life stage (late Sep ND — seasonal): Fall transition / pre-turnover window depending on lake depth. Cooler nights push bait shallow-to-mid; largemouth and smallmouth (where present) key on bait schools and wind-blown banks. Deep mainstem reservoirs: focus points, flooded timber edges, and current seams near structure. What's on the menu: Most likely young-of-year baitfish / cisco-smelt-shad analogs by water, perch/bluegill where present. Thin on dated 2026 forage reports this pass — seasonal most-likely only.

What's on the menu: Most likely young-of-year baitfish and lake-typical forage (shad / herring / perch / bluegill analogs by water). Thin on dated 2026 stomach-content reports this pass — seasonal most-likely only. Match lure size to the bait you see.

Life-stage language is seasonal, not a creel survey. If fish are locked deep on bait, follow electronics; if they are chasing on top at first light, stay shallow until the sun climbs.

● ALSO HOT / ALSO IN SEASON

Secondary chase on Bowman-Haley: Walleye; northern pike; smallmouth; perch. (Regs: live-link NDGF only — do not invent.)

Crowd / Heavy Traffic: In Cast window / looking ahead: No named tournament pulled for Bowman-Haley Sep 21–Oct mid this pass. Sources checked: ND GF permitted list · Badlands schedule Never invent boat counts. Soft recreational still means give rentals, pontoons, and bank anglers room.

Primary reminder: Lead the week for Walleye — water-first, not a national paste. Regs live-link only (state wildlife agency creel & size limits). Reciprocal / border waters: confirm live; do not invent sister-state rules.

Looking ahead (next 1–3 weeks): Strong Tue winds then warmer. No sourced tournaments this pass. Watch for bait pushes into creek backs and less reliance on pure midday heat as nights ease. Keep pulling live elevations / lake pages. Next Cast product: Friday window Fri–Sun (CT).

Panfish and catfish remain seasonal options where the lake supports them — early-fall brush and deeper channel swings on warm nights early-week. White bass / hybrids (where present) often show on wind or current seams when bait compresses. Smallmouth (where the lake holds them) reward clean rock and current edges when wind sets up. If a club or permitted tournament appears on a look-ahead calendar, treat ramp density as Heavy Traffic even when the species focus is walleye or multi-species — boat wakes and blast-off lanes still matter.

Weather look-ahead stays subordinate to the live NWS point forecast: cooler mornings widen the bite window; post-storm mudlines can fire then shut off. Pack a rain shell when midweek storms are in the forecast. Hydrate early-week heat. Clarity, boat traffic, and bait location will tell you more at the ramp than any Sunday scaffold — use this Cast as a plan, not a guarantee.

● ETHANOL-FREE FUEL NEAR THIS WATER

Current **E0** (ethanol-free) identity from Pure-Gas.org as of the Sunday research pull (CT).
Prices may change; verify octane and price at the pump. Call ahead — availability changes.

- **E0** — 15.5 mi — Propoint Cooperative (CENEX), 13 1st Ave Nw, Bowman ND — listed E0 octane(s): 91; tel 701-523-3268 [Pure-Gas id 46809]
- **E0** — 29.8 mi — Kum & Go #2811 (KUM & GO), 306 Adams Ave, Hettinger ND — listed E0 octane(s): 91; tel 701-567-2711 [Pure-Gas id 20400]
- **E0** — 50.3 mi — Lemmon Iga (UNBRANDED), 19190 Us Highway 12, Lemmon SD — listed E0 octane(s): 91; tel 605-374-3802 [Pure-Gas id 48072]
- **E0** — 55.9 mi — Farmers Union Oil (CENEX), 303 W Montana Ave, Baker MT — listed E0 octane(s): 91; tel 406-778-2519 [Pure-Gas id 49729]

Listed **E0** only. Crowdsourced Pure-Gas listings — not a pump guarantee.

● HEAVY TRAFFIC

In Cast window / looking ahead: No named tournament pulled for Bowman-Haley Sep 21–Oct mid this pass. Sources checked: ND GF permitted list · Badlands schedule

● LOOKING AHEAD

Strong Tue winds then warmer. No sourced tournaments this pass.

Next Cast: Friday window Fri–Sun. Keep pulling live lake pages and trail calendars 1–3 weeks out.

● RAMP-TO-DARK CHECKLIST

- **Boards:** Re-pull operator lake / district pages the evening before and again at the ramp — Sunday research ages fast.
- **Sky:** Live NWS point forecast + radar; lightning means trailer first, every time.
- **Fuel:** Confirm **E0** still on the Pure-Gas listing and price at the pump — no invented prices.
- **Crowd:** Soft recreational still yields to rentals, pontoons, and bank anglers; named Heavy Traffic overrides the soft call.
- **Species:** Lead the day for the primary named above — water-first, not a national paste.
- **Exit:** Leave a weather margin on storm days; do not fish restricted dam water.

● FOUR-DAY FISHING PLAN

Use this as a Mon–Thu working script, then adjust to live boards and sky:

- **Monday:** First light on windward points and riprap; midday graph bait on breaks; evening revisit shallow shade. Soft recreational opener.
- **Tuesday:** If wind builds, fish mudlines and lee pockets rather than fighting whitecaps. Keep a storm abort plan if NWS cells are active.
- **Wednesday:** Often the unsettled day — shorter morning window, then trailer before storms. Post-cell mudlines can fire briefly; lightning still ends the day.
- **Thursday:** Clean-up day when skies improve — widen the morning window, cover water thoroughly, and note any look-ahead Heavy Traffic for the weekend.
Primary species leads every day — do not force a national bass paste on a walleye/pike/perch lake. Re-check operator pages and Pure-Gas **E0** before you trailer.

● SOURCES

NWS point forecasts for the pin · USACE / NDGF lake / district pages · trail calendars when a named event was pulled · Pure-Gas.org public **E0** listings · Freshwater Cast gold standard (TN River AL Chain Monday Cast reference). Schedules change — verify dam boards before you go.