



FRESHWATER CAST · FRIDAY CAST · TENNESSEE

Cherokee–Douglas: Cool Dry High, Monday 2+ Pulses & Storage Highlander Bass

Cherokee · Douglas · Fri Oct 2 – Sun Oct 4, 2026 · bank / kayak / boat · times **ET**

North-band NWS (Reelfoot pin): Friday storms possible ~73°, Saturday slight chance then cloudy ~73°, Sunday partly sunny ~75°.

Highs ~77–85° Fri–Sun · lows ~50–59° (NWS MRX)

CRKT1 elev 1,058.56 · DUGT1 978.14 @ 11 PM EDT Sun

Mon CRKT1 2+ after ~9 AM · DUGT1 2+ after noon ET

No named trail event Fri–Sun · NPFL Douglas weekend cleared

Cherokee and Douglas finally share a textbook early-fall high — cool mornings near 50°, sunny days climbing into the low-to-mid 80s, and Monday boards that climb into 2+ after mid-morning without a tournament circus in the way. Pack sunscreen, keep each lake's callout labeled, and do not invent Tuesday current where the boards go thin.

● MIDWEEK OUTLOOK

NWS Morristown (**MRX**) grid for the Cherokee / Douglas corridor keeps the Holston–French Broad highlanders in a **quiet, warming dry stretch** through the Monday **Cast** window. **Monday** opens mostly clear after an overnight low near **50°F**, then sunny near **77°F**, northeast wind 0–5 mph, and almost no storm chance. **Tuesday** stays sunny near **81°F** / overnight low near **53°F**. **Wednesday** is sunny near **85°F** / overnight low near **55°F** — the warmest afternoon of the window. No active NWS watches or warnings at the Sunday-night pull. Barometer at **KMOR ~29.99 inHg** (clear, ~10:45 PM ET Sun) — steady-high. Looking past the **Cast** window, NWS trends warmer Thursday with a better chance of showers Friday into the weekend.

For **largemouth and spotted bass** (the storage-highlander headline on both pools): lean **first light on docks, points, and creek mouths** while the air is cool, then ride soft current seams once each lake's Monday board climbs into **2 or more**. Clarity is **unconfirmed** this pull — start

natural/shad and darken only if a back stains. NPFL Military Classic weekend traffic on Douglas is clear; treat Dandridge / Jefferson City as normal weekday recreational traffic, not Heavy Traffic, unless a new listing appears.

Keep the two lakes honest as separate clocks. Cherokee's Monday board climbs into **2+ around 9 AM ET** and holds most of the daylight window; Douglas steps through morning singles before **2+ after noon ET**. That difference matters if you are trailering between Dandridge and the Holston side — fish the lake whose board is actually stacked instead of assuming both pools peak together. Tuesday boards were thin beyond early overnight at this pull, so rebuild any midday current plan from a fresh RestApi check rather than Sunday night's leftover lines.

FRIDAY OCT 2

77°

high · low ~50° · ~0% storms · NE 0–5 mph

Sunny after a cool clear dawn

Sunrise **7:26 AM** · Sunset **7:22 PM ET**

Best bite: first light—~9:30 AM ET on docks/points; then CRKT1 2+ after ~9 AM and DUGT1 2+ after noon ET

SATURDAY OCT 3

81°

high · low ~53° · ~0% storms · NE 0–5 mph

Sunny and dry — warmer afternoon

Sunrise ~7:27 AM · Sunset ~7:21 PM ET

Best bite: dawn shallow again; confirm Mon-night / Tue boards before midday current plans (Tue thin beyond early overnight at this pull)

SUNDAY OCT 4

85°

high · low ~55° · ~0% storms · SW 0–5 mph

Sunny; warmest day of the window

Sunrise ~7:28 AM · Sunset ~7:19 PM ET

Best bite: earlier shallow window before heat builds; shade lines, points, and any posted pulses once boards fill

● GENERATOR SCHEDULE CHEAT SHEET

Live **TVA RestApi** pull **Fri Oct 2, 2026 ~6:50 AM ET PM ET** for **CRKT1** (Cherokee) and **DUGT1** (Douglas). Board times stamp **EDT** — reader planning stays in **ET**. Observed through late Sunday evening. **Monday** generator blocks are posted for both dams; Tuesday only shows thin early overnight blocks at this pull. Predicted midnight elev / avg outflow through **Tue Sep 29**. Schedules can change without notice. Failover: **TVA Reservoir Information Line 800-238-2264**. Soft current → bite only — these are storage highlanders, not Kentucky-class current.

LAKE	SUN LATE OBS	GENERATOR SCHEDULE	PREDICTED (MIDNIGHT / AVG OUT)
Cherokee (CRKT1)	Elev 1,058.56 · Tail 920.72 · ~ 155 cfs @ 11 PM EDT Sun (near-idle late evening after Sun PM 2+)	Mon: Midnight–3 AM EDT 0 ; 3–4 AM 1 ; 4–9 AM 0 ; 9 AM–11 PM 2 or more ; 11 PM–Midnight 0 . Tue: Midnight–1 AM EDT 0 ; rest thin at pull	09/28 midnite ~1058.34 / out ~5,078 · 09/29 midnite ~1058.13 / out ~5,000
Douglas (DUGT1)	Elev 978.14 · Tail 870.38 · ~ 84 cfs @ 11 PM EDT Sun (near-idle late evening after Sun PM 2+)	Mon: stepped 0/1 overnight–morning; 9 AM–Noon 1 ; Noon–11 PM EDT 2 or more ; 11 PM–Midnight 1 . Tue: Midnight–1 AM EDT 1 ; rest thin at pull	09/28 midnite ~977.49 / out ~8,295 · 09/29 midnite ~976.80 / out ~9,000

Cherokee Fri–Sun: Pool 1,058.56 with ~155 cfs Sunday late evening after a Sunday afternoon 2+ pulse. Monday climbs into **2+ from ~9 AM–11 PM ET** after an idle morning — soft current language on points, ledges, and dam-adjacent legal water only. Re-check Tuesday–Wednesday boards Monday evening.

Douglas Fri–Sun: Pool 978.14 with ~84 cfs Sunday late evening. Monday steps into **2+ after noon ET** following morning single-unit pulses — points, creek mouths, and channel swings when units are up. Predicted out ~8–9k is still storage-lake scale; do not oversell current. Tue–Wed: confirm boards live before you commit.

Cherokee callout: Storage highlander with soft current language on points and ledges when units are up. Dam-adjacent legal water only — restricted banks stay closed even when the board looks juicy.

Douglas callout: Same season story, later Monday multi-unit climb, and a higher predicted outflow (~8–9k) that still is not Kentucky Lake current. Creek mouths and channel swings get the first look once Noon–11 PM 2+ is online.

Shared safety: Failover voice **800-238-2264** if the app or RestApi is blank when you launch. Schedules change without notice on both pools.

● HOW TO FISH IT — BANK / KAYAK / BOAT

BANK

Fish **Cherokee Dam** public day-use banks and **Dandridge / Douglas Dam** public walks where posted — dawn and dusk first. Cool upper-40s / low-50s nights widen the morning shallow window on docks and rock. Dawn with a walking bait along shadowed seawalls; once sun hits, slow to a green-pumpkin jig, shaky, or tube on visible cover. Skip dam-restricted zones; live TWRA/TVA signs only. Verify ramp fees and gate hours live for each pool.

KAYAK

Favor creek arms and dock pockets on **both** lakes away from main-channel weekday traffic. Avoid dam discharge when Monday's 2+ windows are online — Cherokee after ~9 AM ET, Douglas after noon. Launch early, wear a PFD, and keep a take-out plan if highlander wind stacks chop. Keep Cherokee vs Douglas as labeled paddle plans — do not collapse them into one generic Tri-Cities habit.

BOAT

Plan: first light—~9:30 AM ET on docks / points / creek mouths; late morning—afternoon ride posted 2+ pulses on each lake's points and ledges. Launch Cherokee-side public ramps or Dandridge / Douglas Dam public ramps early. Confirm Tuesday boards before a midday current plan — both were thin beyond early overnight at this pull. PFDs and distance from boil. Wednesday's warmer afternoon shortens the shallow window — start earlier or commit to shade and bait.

● LURE BOX

TOP

Walking bait (chrome / bone / white); small buzzbait at first light; popper on shaded docks.

MID

Bladed jig (white / chartreuse shad); soft jerk; small swimbait (shad) on points once units climb.

BOTTOM

Football or finesse jig (green pumpkin / brown craw); drop-shot or shaky (green pumpkin / smoke); tube on rock transitions.

Stain / clear match: Clarity unconfirmed. Lean shad / natural on clearer main-lake; darker craw / junebug if creek backs dirty.

● BASS LIFE STAGE

Largemouth and spotted bass — early-fall storage transition on Cherokee and Douglas. Cool nights near 50° and a dry high should pull fish onto docks, points, creek-mouth shad pushes, and soft current seams without a full fall creek-run yet. Treat this as a **morning-shallow, midday-pulse** midweek when each board holds 2+. Keep Cherokee vs Douglas labeled — same season story, different turbine clocks.

Cool nights near 50° stretch the morning shallow window on both lakes — docks and rock that felt dead at 9 AM in August can still produce on Monday before the sun climbs. Once each board stacks 2+, shift from pure bank-running topwater into points, ledges, and current-washed transitions. If you only fish one lake Tuesday, pick the one with a live posted block; do not invent a mirrored schedule for the other pool.

● FORAGE THIS WEEK

Dated hatch reports for this exact window are thin. Most-likely forage is **threadfin and gizzard shad** on points, creek mouths, and generation seams, with **bluegill / bream** around shallow docks and **crawfish** on rock when units scrape bottom. Start on shad imitators; keep a craw-colored jig ready once Monday's 2+ windows hold.

Ethanol-free fuel near this water · Pure-Gas.org E0 · this water · stations listed near this water — verify E0 at the pump (no pump prices).

Jefferson Farm Co-Op — 106 Hwy 92 S, Dandridge TN · ~2.8 mi · 87/93 octane E0

Weigel's #77 — 143 W Broadway Blvd, Jefferson City TN · ~3.9 mi · 87 octane E0

Lakeview Mkt — 296 W Hwy 92, Jefferson City TN · ~4.1 mi · 87/89/93 octane E0

Weigel's #61 — 657 Hwy 92 S, Dandridge TN · ~4.9 mi · 91 octane E0 — 70 more than with ethanol

Listed E0 stations from Pure-Gas.org (crowdsourced). Availability and grade can change — verify E0 at the pump if grade matters.

● ALSO HOT / ALSO IN SEASON

CRAPPIE · CATFISH

Early-fall brush / creek channels; cut bait for cats on deeper swings.

STRIPED BASS SOFT

Cherokee generation seams when shad compress — soft seasonal language; confirm boards.

CROWD / HEAVY TRAFFIC

No named trail event pulled for Fri–Sun. NPFL Douglas weekend is clear. Soft weekday recreational only.

Regs: live-check only — [TWRA Fishing](#) · [TN eRegulations](#).

Looking ahead (next 1–3 weeks): Cooler clearer air early next week after weekend storm chances. Confirm trail calendars and live boards before the next Monday **Cast**. Next **Cast**: Monday window.

Sources: TVA RestApi observed-data / generation-releases / predicted-data (CRKT1, DUGT1) ~Fri Oct 2, 2026 ~6:50 AM ET PM ET; NWS api.weather.gov MRX/85,57 forecast; METAR KMOR barometer ~29.99 inHg; NPFL Douglas weekend cleared (no Fri–Sun listing); TWRA fishing / eRegulations live links; Pure-Gas.org E0 station reuse. Failover 800-238-2264.

Schedules change — confirm dam boards before you go.

Freshwater Cast · Monday **Cast** · Cherokee · Douglas · Fri Oct 2 – Sun Oct 4, 2026 · drafted Fri Oct 2, 2026 ~6:50 AM ET