



FRESHWATER CAST · MONDAY CAST · UTAH

Flaming Gorge (UT): Lake trout Midweek Plan

Flaming Gorge (UT) · Mon Sep 21 – Thu Sep 24, 2026 · bank / kayak / boat · times **MT**

Local MT

Primary: Lake trout / rainbow trout

Soft recreational Mon–Thu

NWS GJT

Midweek on Flaming Gorge (UT): lead with lake trout / rainbow trout — water-first, not a pasted bass script.

• MIDWEEK OUTLOOK

NWS GJT / Washam (pulled Sun Sep 20, 2026 · evening CT): **Monday:** High ~68°F · Sunny · precip ~0% · wind NNW 0 to 5 mph **Tuesday:** High ~69°F · Mostly Sunny then Slight Chance Showers And Thunderstorms · precip ~16% · wind SSE 0 to 10 mph **Wednesday:** High ~68°F · Mostly Sunny then Slight Chance Rain Showers · precip ~10% · wind WSW 0 to 5 mph **Thursday:** High ~71°F · Mostly Sunny · precip ~2% · wind ESE 0 to 5 mph

Crowd / recreational pressure: No named trail event verified for Mon–Thu in evening gather. Soft weekday recreational pressure. Never invent boat counts.

MONDAY SEP 21

High ~68°F · Sunny · precip ~0% · wind NNW 0 to 5 mph

Best bite: low light for Lake trout; re-check wind/storm cells midday.

TUESDAY SEP 22

High ~69°F · Mostly Sunny then Slight Chance Showers And Thunderstorms · precip ~16% · wind SSE 0 to 10 mph

Best bite: low light for Lake trout; re-check wind/storm cells midday.

WEDNESDAY SEP 23

High ~68°F · Mostly Sunny then Slight Chance Rain Showers · precip ~10% · wind WSW 0 to 5 mph

Best bite: low light for Lake trout; re-check wind/storm cells midday.

THURSDAY SEP 24

High ~71°F · Mostly Sunny · precip ~2% · wind ESE 0 to 5 mph

Best bite: low light for Lake trout; re-check wind/storm cells midday.

● DAM & CURRENT / LEVEL CHEAT SHEET

Agency story: USBR / UDWR. Access hub: Lucerne Valley Marina (Daggett UT).

Live pool/generation numbers were **not fully verified** in this evening gather for every product — **FLAG**. Re-check agency boards (USACE / LCRA / TRA / SJRA / USBR / TPWD / UDWR as applicable) before launch. Say **Generator schedule** when generation applies; do not invent cfs or pool elev.

ITEM	POSTED	ANGLER NOTE
Pool / flow	FLAG — re-check tonight's board	Pin 40.9842,-109.5850
Generator schedule	Re-check if dammed	Current seams move bait

● HOW TO FISH IT

BANK

Fish legal public shore near Lucerne Valley Marina (Daggett UT). Dawn and dusk for Lake trout. Midday: shade, bridges, deeper edges. Confirm access — no trespass.

KAYAK

Quiet approach to pockets boats skip. Launch early; sit out lightning. Soft weekday traffic still means watch main ramps midday.

BOAT

Start from Lucerne Valley Marina (Daggett UT). Idle carefully; fish wind-blown structure and bait. Re-check Generator schedule / pool before river below dams.

● ETHANOL-FREE FUEL NEAR THIS WATER

Source: [Pure-Gas.org](https://pure-gas.org) public E0 listings · gather **Sun Sep 20, 2026 · evening CT**

Current prices — may change; verify at the pump. Live pump prices were **not confirmed** in this evening gather for every station — do not invent prices. Call ahead.

- Search [Pure-Gas.org](https://pure-gas.org) near **Flaming Gorge (UT)** for the closest 2–4 E0 stations to this water before launch.
- Prefer E0/premium grade matching the listing when known.
- Distances are pin-relative estimates only.

Listed E0 identity from [Pure-Gas.org](https://pure-gas.org) (crowdsourced). Prices change — verify at the pump. FLAG: thin price snapshot this cycle.

● LURE BOX

TOP

Dry fly / terrestrial (where fly fishing) — calm mornings

Small topwater for aggressive cuts — rare but possible

MID

Spoons / spinners (silver/copper) — points and drop-offs

Soft tube / leech patterns — mid column

Fly: woolly bugger / streamer

BOTTOM

Jig + bait (where legal) — deep holes

Egg patterns / nymphs — inflows

Heavy spoon — lake trout depth

Stain/clear: Lighter/shad profiles in clearer water; darker profiles after storms. FLAG if no clarity report.

● PRIMARY LIFE STAGE + WHAT'S ON THE MENU

Primary species this week: Lake trout / rainbow trout — Coldwater trophy; kokanee/smallmouth secondary; UT shore

Early fall coldwater: trout often still mid-depth to deeper on clear reservoirs; mornings cooler. Match hatch / baitfish size; watch wind and water clarity after storms.

What's on the menu: Likely forage: aquatic insects, baitfish, and (where present) kokanee/cisco-related forage. Seasonal likelihood — FLAG if no dated report.

● ALSO ON THIS WATER

Coldwater trophy; kokanee/smallmouth secondary; UT shore Keep secondaries short — no laundry list.

● LOOKING AHEAD

Re-check major trail calendars and lake tournament boards for the next 1–3 weeks before the Friday Cast.

● SOURCES

NWS api.weather.gov · Pure-Gas.org · USBR / UDWR boards · Freshwater Cast gold layout. Schedules change — re-check before launch. Drafted Sun Sep 20, 2026 ~9:00 PM CT · .