



FRESHWATER CAST - MONDAY CAST - VERMONT

Seymour: Clear Northeast Kingdom Coolwater Midweek

Mon Sep 21 - Thu Sep 24, 2026 - Seymour Lake - Morgan, VT - **Primary: Lake trout & salmonids**
- local **ET**

Mon ~56F

Tue ~61F

Wed ~63F

Thu ~65F

Local ET

Treat Seymour like the clear deep lake it is - salmonid tactics first.

• MIDWEEK OUTLOOK

BTV (BTV 126,82) - Sun Sep 20, 2026 8:52 PM CT ET: Monday ~56F Mostly Cloudy | Tuesday ~61F Sunny | Wednesday ~63F Patchy Frost then Sunny | Thursday ~65F Sunny

MONDAY

~56F / low ~37F - Mostly Cloudy
Wind 5 mph - PoP ~5% - **ET**

TUESDAY

~61F / low ~36F - Sunny
Wind 2 mph - PoP ~0% - **ET**

WEDNESDAY

~63F / low ~39F - Patchy Frost then Sunny
Wind 2 mph - PoP ~1% - **ET**

THURSDAY

~65F / low ~41F - Sunny
Wind 2 mph - PoP ~4% - **ET**

CLARITY

No dated mid-Sep clarity report - FLAG.

PRIMARY SPECIES

Lake trout & salmonids

HEAVY TRAFFIC

No named trail event pulled Mon-Thu. Soft weekday recreational.

● DAM / LAKE LEVEL

VT Fish & Wildlife

No stage - soft.

Re-check before launch.

● BANK / KAYAK / BOAT

BANK

Limited; public only.

KAYAK

Calm windows; cold water caution.

BOAT

Open-water / deep presentations.

● ETHANOL-FREE FUEL NEAR THIS WATER

Pure-Gas.org pulled **Sun Sep 20, 2026 · 8:44 PM CT** pin 44.88861,-71.9788. **Prices as of Sun Sep 20, 2026 8:52 PM CT - verify at pump.**

Morgan Gen Store - 8411 Rte 111, Morgan, VT ~5.5 mi oct [91] price not listed - verify at pump
802-895-2726

Kingdom Market - 12 Railroad St, Island Pond, VT ~6.4 mi oct [91] price not listed - verify at pump
802-723-5464

Brighton Garage - 49 Cross St, Island Pond, VT ~7.0 mi oct [91] price not listed - verify at pump
802-723-4455

Willoughby Lake Store - 2003 Rte 5a, Westmore, VT ~9.2 mi oct [91] price not listed - verify at pump
802-525-3300

● LURE BOX (LAKE TROUT & SALMONIDS)

TOP

Rarely primary

MID

Spoons

Stickbaits

Soft baitfish

BOTTOM

Vertical jigs

Spoons

Leadcore

● LIFE STAGE + WHAT'S ON THE MENU

Coolwater focus late Sep.

What's on the menu / Natural forage (dated hatch thin — most likely for late Sep on this water):
Smelt-class forage seasonal. Match lure profile to what you mark; do not invent a specific hatch.

● ALSO ON THIS WATER

SMALLMOUTH

Rock secondary.

LANDLOCKED SALMON

Open water.

Regs: [live-check only](#).

● LOOKING AHEAD

No named trail event.

Sources: NWS BTV BTV 126,82; VT Fish & Wildlife; Pure-Gas.org Sun Sep 20, 2026 · 8:44 PM CT. Re-check before launch.

Freshwater Cast seymour · Monday **Cast** Mon Sep 21 - Thu Sep 24, 2026 ET - Sun Sep 20, 2026 8:52 PM CT -
PRODUCTION -