



FRESHWATER CAST - MONDAY CAST - VIRGINIA

## Moomaw: Highland Cool Water, Clear Banks & Quiet Midweek

Mon Sep 21 - Thu Sep 24, 2026 - Lake Moomaw - Bath County, VA - **Primary: Trout & coolwater (bass secondary)** - local ET

Mon ~80F

Tue ~70F

Wed ~62F

Thu ~60F

Local ET

Highland Virginia - lead with coolwater honesty, not a bass paste job.

### • MIDWEEK OUTLOOK

**RNK** (RNK 70,101) - Sun Sep 20, 2026 8:52 PM CT ET: Monday ~80F Chance Showers And Thunderstorms | Tuesday ~70F Showers And Thunderstorms | Wednesday ~62F Rain Showers Likely | Thursday ~60F Chance Rain Showers

#### MONDAY

~80F / low ~61F - Chance Showers And Thunderstorms  
Wind 0 to 3 mph - PoP ~85% - ET

#### TUESDAY

~70F / low ~54F - Showers And Thunderstorms  
Wind 3 mph - PoP ~93% - ET

#### WEDNESDAY

~62F / low ~51F - Rain Showers Likely  
Wind 6 mph - PoP ~68% - ET

#### THURSDAY

~60F / low ~48F - Chance Rain Showers  
Wind 7 mph - PoP ~42% - ET

#### CLARITY

No dated mid-Sep clarity report - FLAG.

#### PRIMARY SPECIES

**Trout & coolwater (bass secondary)**

#### HEAVY TRAFFIC

No named trail event pulled Mon-Thu. Soft weekday recreational.

## ● DAM / LAKE LEVEL

### USACE / VA DWR

No live pool validated - soft.  
Re-check before launch.

## ● BANK / KAYAK / BOAT

### BANK

Public recreation areas.

### KAYAK

Clear cool water; dress warmer.

### BOAT

Soft weekday highland traffic.

## ● ETHANOL-FREE FUEL NEAR THIS WATER

Pure-Gas.org pulled **Sun Sep 20, 2026 · 8:44 PM CT** pin 37.97777,-79.96565. **Prices as of Sun Sep 20, 2026 8:52 PM CT - verify at pump.**

**Home Oil & Gas** - 9227 Us Hwy 220, Hot Springs, VA ~8.6 mi oct [87,91] price not listed - verify at pump 540-839-5363

**Petticoat Junction** - 3107 Hwy 687, Covington, VA ~9.5 mi oct [87,93] price not listed - verify at pump 540-965-0522

**Bacova Market At The Varsity** - 11129 Us Hwy 220, Hot Springs, VA ~10.0 mi oct [90] price not listed - verify at pump 571-399-7245

**Callaghan Mkt & Supply** - 4011 Midland Trl, Covington, VA ~12.8 mi oct [87] price not listed - verify at pump 540-962-8976

## ● LURE BOX (TROUT & COOLWATER (BASS SECONDARY))

### TOP

Small poppers if bass divert

### MID

Spoons

Soft jerk

Spinner

### BOTTOM

Drop-shot

Ned

Trout jigs where legal

## ● LIFE STAGE + WHAT'S ON THE MENU

Cool highland reservoir - trout/coolwater often headline.

**What's on the menu / Natural forage** (dated hatch thin — most likely for late Sep on this water):  
Insects/baitfish seasonal. Match lure profile to what you mark; do not invent a specific hatch.

## ● ALSO ON THIS WATER

### LARGEMOUTH / SMALLMOUTH

Banks secondary.

### PANFISH

Shallow.

Regs: [live-check only](#).

## ● LOOKING AHEAD

No named trail event.

---

Sources: NWS RNK RNK 70,101; USACE / VA DWR; Pure-Gas.org Sun Sep 20, 2026 · 8:44 PM CT. Re-check before launch.

Freshwater Cast moomaw · Monday **Cast** Mon Sep 21 - Thu Sep 24, 2026 ET - Sun Sep 20, 2026 8:52 PM CT - PRODUCTION

-